

Saftey & Security Awarness for Children in Schools

### The First Thing They See...



Tit

# The Alma Project





"Explaining a lockdown can be one of the most difficult parts of a teacher's job."

The purpose of the Alma project is to provide a simple way to implement and maintain lockdown procedures in our schools and to teach young students about why we have security in the schools and to explain the procedures of a lockdown.

Every school and its facility is unique, but the principels of security and lockdowns are universal.

### Six Core Areas

Management

**Security Organization** 

**Physical Security** 

**Crisis Management** 

Security Awarness

Authorities & Other Partners



### Security



The Jewish communities and schools have a morale and legal responsibly to ensure that the schools will provide a safe and healthy learning environment.

The challenges our schools are facing today in security are complex and miscellaneous, that include everything from student bullying, drugs, crimes, accidents, natural disasters to act of violence as school shooting or terrorism.

## What & How



There is no single security solution that will by itself that make our schools safe. To build a robust security, there must be several layers of security measures that interact with each other.

Some schools have a strong security organization and, while others have nothing.

For the school management when it comes to the security, there are two specific and crucial questions:

- What should we do?
- How do we prioritize?

### Security Triangle



1/1

The Procedures & Security Programs

### Prepardness Where to begin?



- **Prevention** means the capabilities necessary to avoid, deter, or stop an imminent crime or threatened or actual mass casualty incident.
- **Protection** means the capabilities to secure schools against acts of violence and manmade or natural disasters.
- Mitigation means the capabilities necessary to eliminate or reduce the loss of life and property damage by lessening the impact of an event or emergency.
- **Response** means the capabilities necessary to stabilize an emergency once it has already happened or is certain to happen in an unpreventable way.
- **Recovery** means the capabilities necessary to assist schools affected by an event or emergency in restoring the learning environment.

## Safe Schools Planning

The firt thing to do is to dearly defin roles, responsibilities and expectations that are critical in emergency situations.

### 1. Identify and establish a team for Security And Safety in School (SASIS)

- Lead by the principal
- Competent representatives:
  - Administrators
  - Educators
  - Nurses, counselors & Psychologists
  - -Facility management, etc.

The team should be small enough to work closely with CSG & the local authorities, big enough to represent the school and to lift the tasks.

2. Assess needs

Prioritize needs

4. Develop and implement plan

# My Role



- What is my specific role?
- Which resources do I need?
   Do I have them? How can I obtain them?
- Who do I have to cooperate with? (Interfaces)
- Who is in charge?
- Professional and/or personal difficulties I can identify in performing my role

### Understand the Situation

Hazard	Probability	Magnitude	Warning	Duration	Risk Priority
Fire	1.Unlikely 2. Possible 3. Likely 4. Highly Likely	<ol> <li>Negligible</li> <li>Limited</li> <li>Critical</li> <li>Catastrophic</li> </ol>	1. 24 hours + 2. 4-12 hours 3. 6-12 hours 4. Minimal	1. – 3 hours 2. 3-6 hours 3. 6-12 hours 4. 12 hours plus	Low Medium High
Hazard Spill outside school	1.Unlikely 2. Possible 3. Likely 4. Highly Likely	<ol> <li>Negligible</li> <li>Limited</li> <li>Critical</li> <li>Catastrophic</li> </ol>	1. 24 hours + 2. 4-12 hours 3. 6-12 hours 4. Minimal	1. – 3 hours 2. 3-6 hours 3. 6-12 hours 4. 12 hours plus	Low Medium High
Attack	1.Unlikely 2. Possible 3. Likely 4. Highly Likely	<ol> <li>Negligible</li> <li>Limited</li> <li>Critical</li> <li>Catastrophic</li> </ol>	1. 24 hours + 2. 4-12 hours 3. 6-12 hours 4. Minimal	1. – 3 hours 2. 3-6 hours 3. 6-12 hours 4. 12 hours plus	Low Medium High

- The SASIS team first needs to understand the threats and hazards faced by the school and the surrounding community.
- Identifying and evaluating possible threats and hazards, and assesses the risk and vulnerabilities posed by those threats and hazards.
- Decide which should be adressed in the plans.

### Topics in the Planning



1/1

## Planning & Procedures



Provide clear and useful guidelines and procedures

An effective school Security Plan is presented in a way that makes it easy for users to find the information they need. This may be to use plain language and providing pictures and/or visual cues for key action steps.

> Prioritize needs What is important? What is feasible?

# Routines & Emergency

### Routines



- Lessons
- Breaks
- Visitors
- Deliveries
- Excursions
- Etc.

### Emergency



- Accidents
- Allergic reactions
- Bleeding
- Blizard
- Bomb threat
- Burns
- Death
- Drowning
- Earthquake
- Electricty accidents
- Epileptic seizure
- Fractures

- Fire
- Hostage
- Kidnapping (abduction)
- Illness
- Pandemic
- Threats
- Tornado
- Terrorattack
- Viper bites
- Violence
- Etc.

# Physical & Technological Security



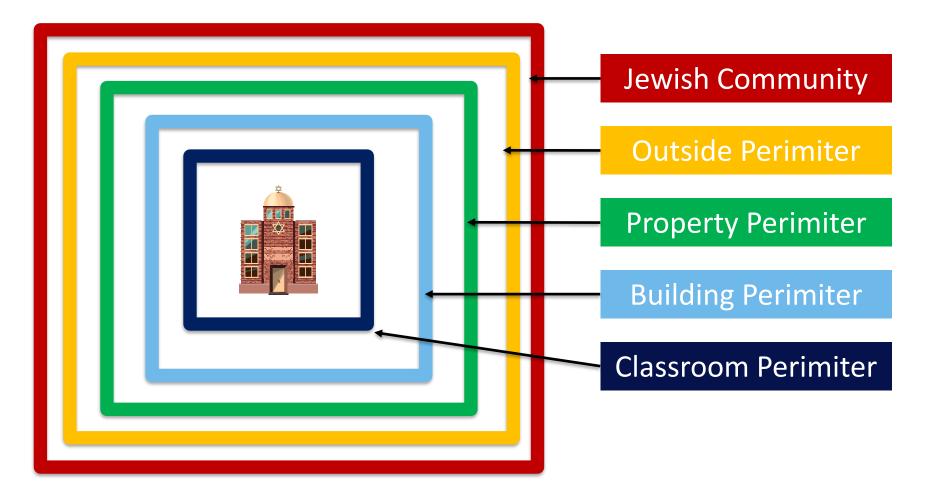
*"Almost anything is possible, it is just a matter of us putting thought into it"* 

Physical and technical security can be put into different categories:

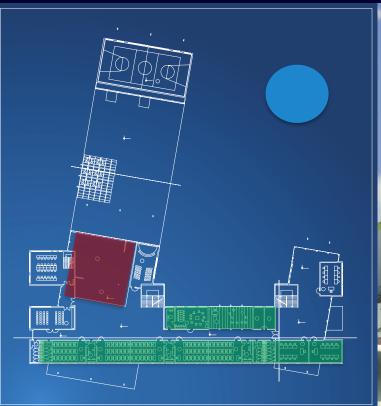
- Outer shell
- Inner shell
- Access control
- Keeping in control

New and inventive security practices and technologies are released every day. Technological innovations are not a substitute for having a security plan.

### Layers of Protection



### Identifiyeing Safe Zones (integrate security from the beginning)



Visit evacuation sites. Where evacuation sites are located but also where specific areas, such as reunification areas, media areas, and triage areas will be located.

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### Green Zones



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### Training Methods & Exercises



In essence, we use four to five different forms of training:

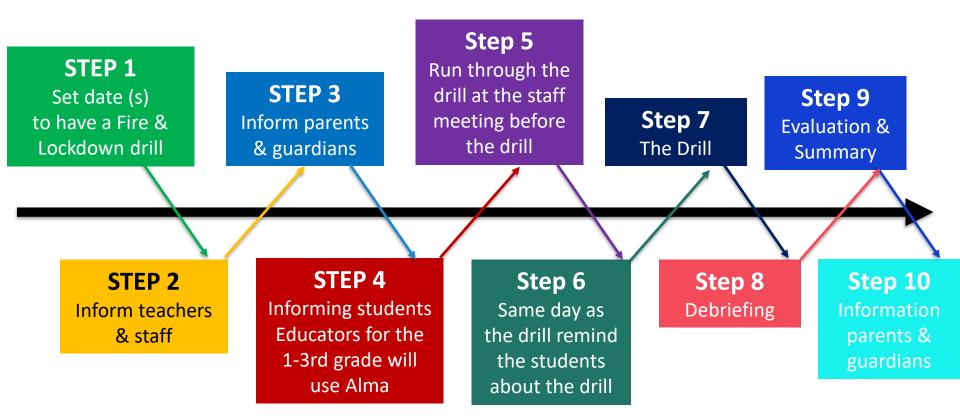
- Lecture orientation
- Tabletop exercises
- Drills
- Functional exercises
- Full-scale exercises



First we need to know why we want the exercise, before we continue with how the exercise should be conducted To think about

- · What do we want to achieve?
- Who should take part in the drill?
- What should be included in the drill?
- When to carry out the drill?How to carry out the drill?
- How to carry out the drill?
  Where to carry out the drill?
- What resources are needed?

# Timeline for a Drill



### Information Letter

### **General information** about the drill

Carolines	sko	ler
	2019-	01-2

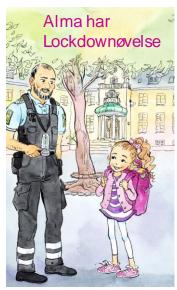
### Kære forældre,

Vi skriver tiljør, for at informere jer om, at der den 1. februar, om. formiddagen, laf hoder vi en ø velse med personalet og børnene på Carolineskoleh. Vi vil både af hode en br and/evakuerings- og en lockdownøvelse.

Da vi gik i gang med at forberede øvelsen og kommunikatioen omk ring denne, gik de t op for os, at ordet "lockdown" måske kan give anledning tilbekymt ing og r ejse spørgsmål. Ordet "lockdown" er ikke noget nyt for Carolineskolen, men måske for nogen af jer.

På bagsiden af dette brev finer I der f or en Q&A, der forklarer hvad lockdown betyder, og hvad vores procedurer er i forbindelse lockdown på skolen.

Forud for øvelsen gennemgår vi procedurerne med personalet på skolen, i børnehaven, vuggestuen og SFØen. Personalet vil have tidtil t snakke med børnene, i henhold tilder es alder, omkring nødprocedurer omkring brand og lockdown. De vil forklare, hvorfor det er vigtigt at vide hvad man skal gøre. De vil være sammen med børnene under- og efter øvelsen. De vil afdramatisr e og understrege at de er sikre. De vil forklare, at når vi øver os, forbliver skolen et sikkert sted, hvor børnene kan fokusere på at lære og udvikle sig.



Vi har udviklet Alma projektet for de yngste børn. Det har tilf ormål, at give os en simpel måde at arbejde med sikkerhed på. Projektet fortæller børnene, hvorfor vi har sikkerhed, og forklarer lockdown på en pædagogisk måde. Projektet består af en børnebog, hvor Alma fortæller om den dag hvor der var lockdown øvelse på hehdes skole. I tilæ tillog en er der udarbejdet læremateriale, der skal hjælpe personalet med at italesætte og snakke sikkerhed og lockdown med børnene. For børnene i de mindste klasser er der også udarbejdet opgavebøger med opgaver, som børnene kan løse selvstændigt. Der vil være nogle pjecer med Alma bogen, som I kan låne hvis I gerne vil gennemgå den med ieres børn.

For at en lockdown øvelse ikke skal virke alarmerende eller give uro, er det vigtigt at integrere det i de daglige rutinr . På den måde dæmper vi berøringsangst med emnet.

Vi understreger overfor børnene og jer, at det kun er en øvelse, så de er trygge ved, at skulle der ske noget på skolen en dag, så er børnene og personalet forheredte

Vi har ansvaret for sikkerheden for børnene og personalet, så længe de er under skolens ansvar. Vi håber at kendskabet til vores procedurer har en beroligende effekt, men tøv endelig ikke med at stille spørgsmål til Uri eller til Benjamin og Johan direkte.

De hedste hilsner

Johan, Benjamin og Uri

### What is a lockdown and when will we



The

### USE it Hvad er en "lockdown" og i hvilke situatioer i ug er vi den?

En lockdown er en standard sikkerhedsprocedure, i lighed med det at evakuere en bygning i forbindelse med en brand.

Vores lockdown procedure vil blive taget i brug, når der er en trussel mod børnenes og personalets sikkerhed, hvor det er sikrer for dem at blive indenfor i bygningerne end at evakuere dem ud af bygningerne. Målet er, at holde folk sikre ved at afgrænse deres bevægelsesfrihed.

Situatioer h vor en lockdown f.eks. kan komme på tale:

- · I En potentiet f arlig person udenfor skolen.
- n In situatio i nær området der kan have effekt på skolen f.eks. en demonstratio i anb assadekv arteret.
- Et kemisk uheld i nærheden eller andre former for luftforurening.
- En terrorhændelse.

Hvad er proceduren?

### Logkdown proceduren er følgende:

procequirende sikkerhedspersonalet på skolen, der kan iværksætte en lockdown.

- · De blå lamper på skolen vil blinke, og der vil komme en talebesked på skolens højtaler system. Der vil være et specifikt alarmsignal, der indikerer at det er en lockdown, og en tale besked på både dansk og engelsk vil fortælle, hvordan børnene skal forholde sig.
- · Personalet og eleverne vil med det samme bevæge sig tilde t nærfneste tillig tsrum ellensafe room.
- · Af hægi g t af situatio k an Sikkerheden vælge at flytte eleverne tilde t store safe room.
- · Hver enkelt lærer udfører en optælling og registrering af eleverne, og informere Sikkerheden.
- · Sikkerheden åbner en telefonlinje direkte tilK øbenhavns Politigård, og sikre sig at alle elever er sikre, og tiler at døre og vinduer er lukket og gardiner trukket for.
- Der kan være forskel på, om der bliver gennemført en fuld eller delvis lockdown. F.eks. er det kun nødvendigt at børnene og personalet bliver indenfor i forbindelse med en luftforurening, mens det ikke er nødvendigt at børnene og personalet bliver samlet i sikfingsrummene.

### What is e

ælder blive informeret om at skolen er i lockdown via skolen hjemmeside, og der vil blive vil også blive sendt en sms ud, sørg derfor for at skolen har dit

### e at komme hen tilsk olen eller ringe eftersom at det kan hindre parent durin ing a

skolens arbejde med myndighederne

- Du skal som forælder ikke begynde at lægge opslag omkring hændelsen på sociale medier, eftersom at dette kan sprede falsk informatio og sk abe panik
- Børnene vil blive instrueret i, ikke at bruge deres mobiltelefoner under en lockdown, så du skal som forælder ikke blive nervøs, hvis dit barn ikke svarer på sin mobil.
- Du vil som forælder blive kontaktet om, hvor der er samlingssted. Her vil der også være repræsentan ter fra menigheden og myndighederne, som kan informere dig. Børnenesvil blive fragtet hertil til å snart lockdown er ophævet.
- · Det vil være muligt at få udleveret Alma bogen og en bog med Q&A, som du kan bruge tila t tale med dit barn omkring lockdown. Dgn vil være til ængelig på både dansk og engelsk.



### Information Letter Instructions for parents in case of a lockdown



• As a parent, you will be informed that the school is in a lockdown via the school's website, and a message will be sent out via the intranet. An SMS will also be sent out, so make sure the school has your mobile number.

• As a parent, do not try to get to the school or call as it may hinder the school's work with the authorities.

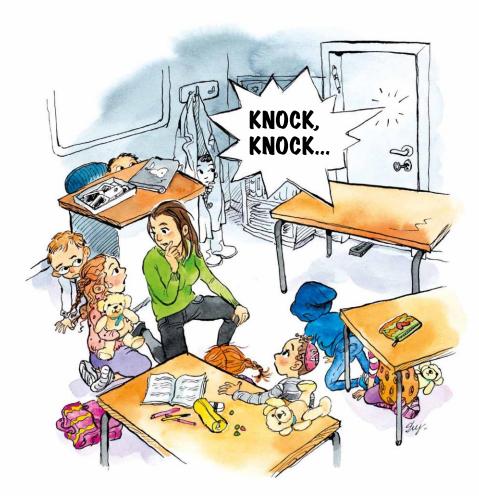
• As a parent, do not start posting about the incident on social media, as this can spread false information and create panic.

• The children will be instructed not to use their mobile phones during a lockdown, so as a parent you should not get nervous if your child does not answer his mobile.

• As a parent, you will be contacted about where there is a assembly place. There will also be representatives from the community and the authorities who can inform you. The children will be transported here until as soon as the lockdown is lifted.

• It will be possible to receive the Alma book and a book with Q&A, which you can use to talk to your child about lockdown. It will be available in both Danish and English.

### "Wait, Do NOT open the door! He didn't say the correct password..."



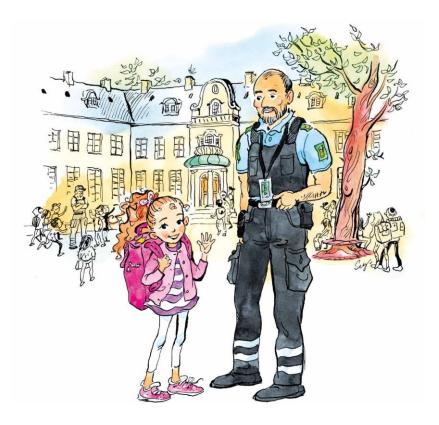
### Lockdowns



To be prepared for an lockdown situation, schools should train their staff,st dent s, and fami lies, as appr opriate, in what to expect and how to react. If students are involved, to select the appropriate exercise the school should consider the ages of the students. Most schools practice evacuation drills for fires and other protective measures for emergency situations, but far fewer schools practice for Lockdown situations.

- How to initiate a lockdown (how is it communicated)
- How to lock all exterior doors, and when it may or may not be safe to do so.
- How particular classroom and building characteristics impact possible lockdown courses of action.
- How to locate and move students who are not with a teacher or staff member.
  When to use the different variations of a lockdowns.
- How and who will end the lockdown.





My name is Alma.

*This is my school and my friend Michael. He's a police officer.* 

I would like to tell you about the day when we had a "lockdown drill" at my school, together with the police officers Michael and Henry.

A lockdown drill is like a fire drill but the other way around! Instead of going out together, we practice on how to keep ourselves safe inside our classroom.

By practicing, we help to make the school a safer place, where we can learn, play and do all the things we love.

## Why are they here?



I do not know what it's like at your school, but in mine, we have both security guards and parents who help them. And sometimes we even have police officers who come to visit.

They are here to make sure nothing happens to us, so we can be safe at school.

The adults teach us rules so we can learn to take care of ourselves and not worry.

When the police visit us at school it makes me feel safe because they are looking after us.

### Things we do to make ud feel safe



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## Security if a fellow responsability



### This is my classroom



1

### The "Mazel Dubbie"

LA.



### The Fire Drill & Evacuations



## Alma Action Cards

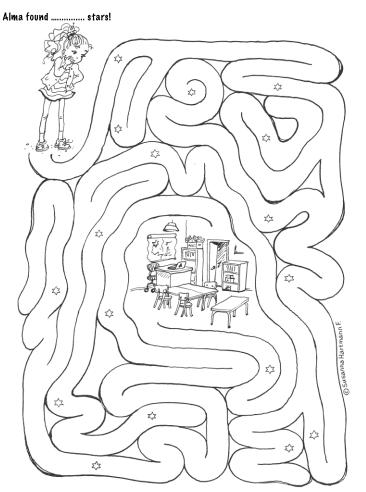


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### Activity Book

### Assignment 2: The Maze

Help Alma to find the way to her classroom through the maze! First point with your finger, then draw the route with pencil! Count how many stars Alma finds on the way.



Assignment 5: Word Search Help Alma and Henry to find the words!

Praw a circle around the word after you find it with your pencil.

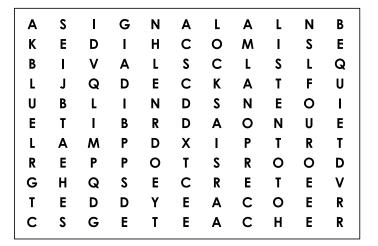
Look horizontally and vertically after these words:





Blue	
Signal	
Lock	
Hide	
Blinds	
Listen to	

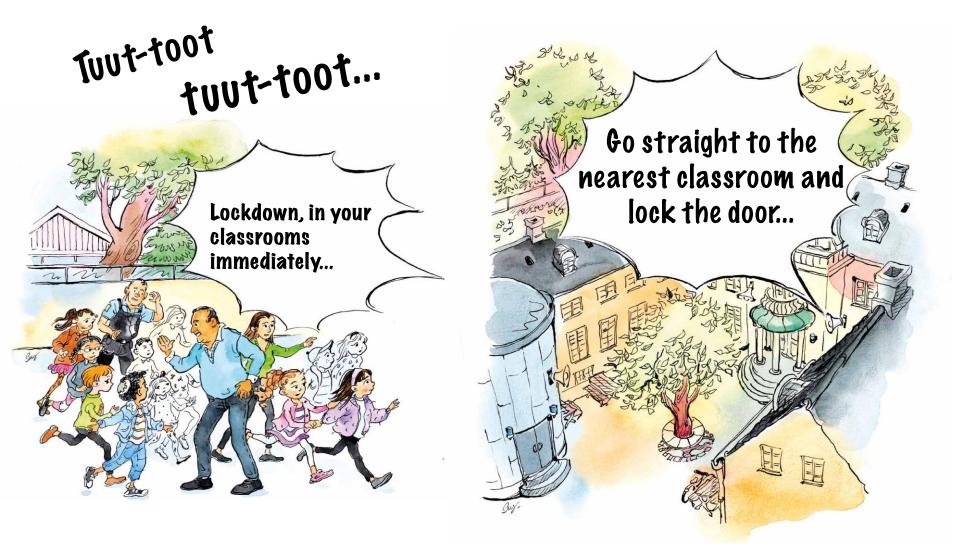




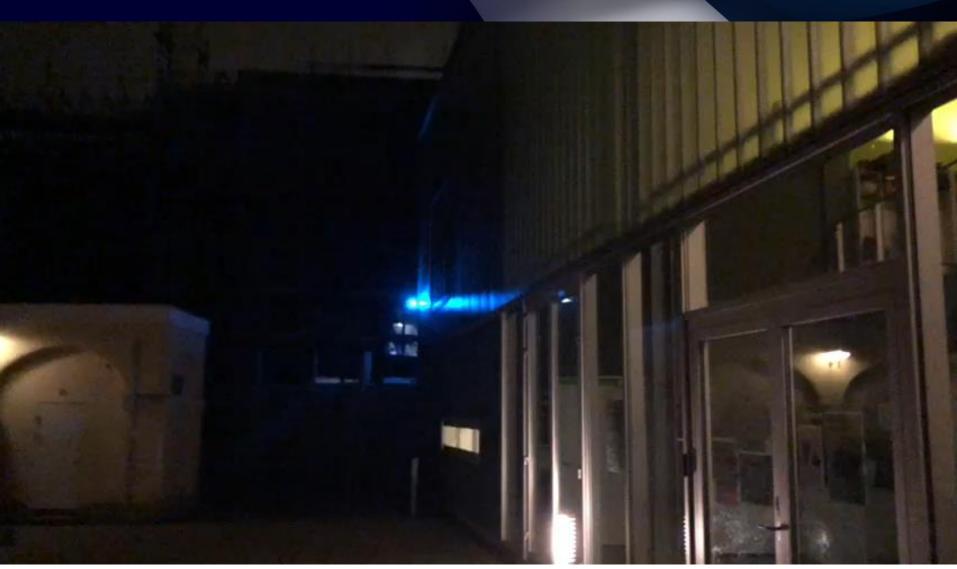
### Lockdowns



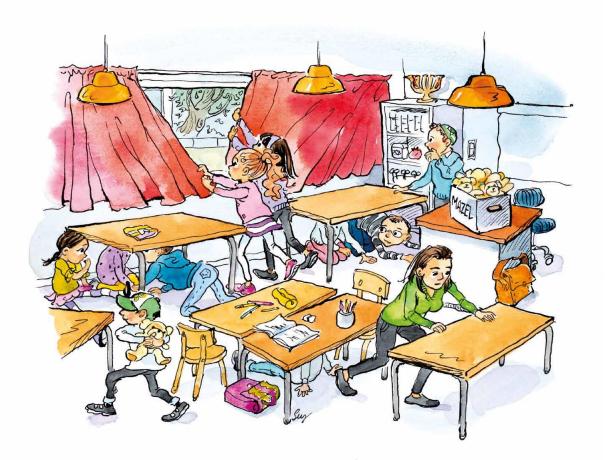
# Initiating Lockdown



# Signal

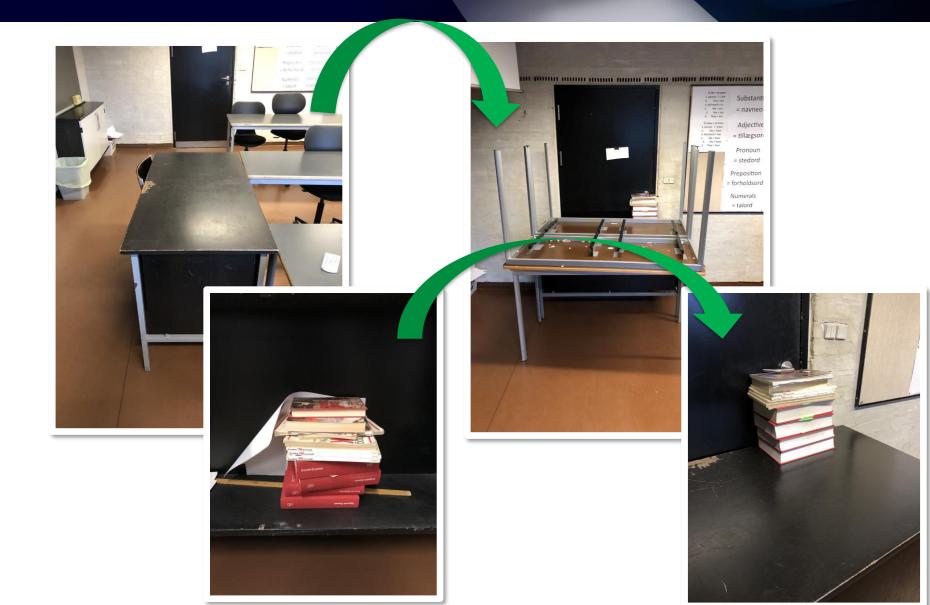


### lt takes us all

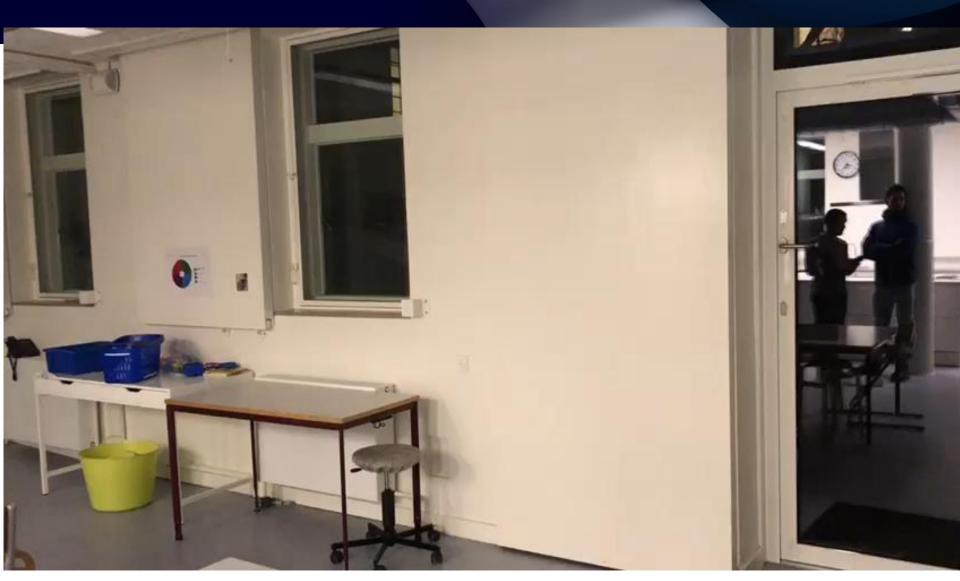


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## Lockdown



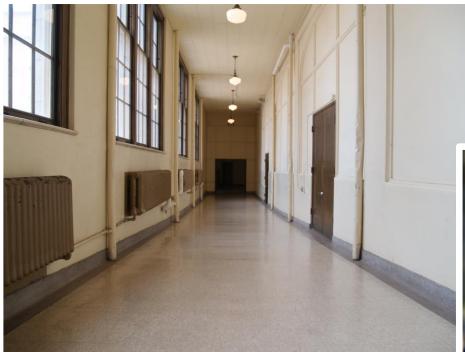
## Lockdown 2.0



# "I am here and everything will be fine"



## Go and find the best hiding place...

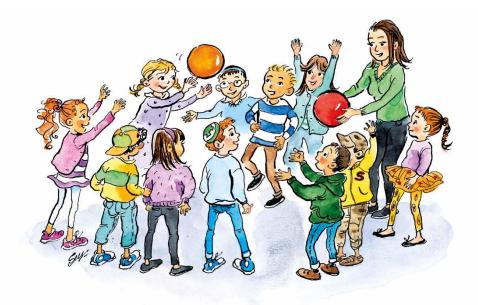


Plans should adress what staff/students should do if they are not in the classrooms and a lockdown is called.



Procedures must adress where staff and students outside the school should go in the event of a lockdown.

### When the drill is over



#### Fun Team Building Games For Children

Games are fun. One of the most effective ways to teach the students something is through play. There are lots of fun games that children can play to enhance teamwork. Here are some suggestions:

#### **Just Listen**

Just Listen is an activity that encourages children to listen without interrupting or judging. This game is best played indoors.

#### How it helps:

Encourages listening, comprehending, and accepting another person's view.

#### Materials:

- Index cards with different topics
- Space to sit

#### Time required: 30 minutes

#### Instructions:

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- Divide the children into teams of two.
- One child has to pick a topic blindly and talk about it for two minutes.
- The other child will have to listen and recap what his partner has said at the end. There is no debate, agreement, or criticism in the recap.
- · They switch roles and repeat the process.

#### Tips to the facilitator:

Pick topics that the children can relate to and talk about without difficulty.

#### **Picture Pieces**

Picture Pieces combines the fun of drawing and working together as a team. This game is best played indoors.

#### How it helps:

Teaches children how 'departmental working' and how important teamwork is to achieve the desired result.

#### Materials:

- A popular cartoon strip or an image that the children can reproduce on paper. The complexity of the diagram should depend on the age-group of the children.
   Pencits
- Pencils
  Paper







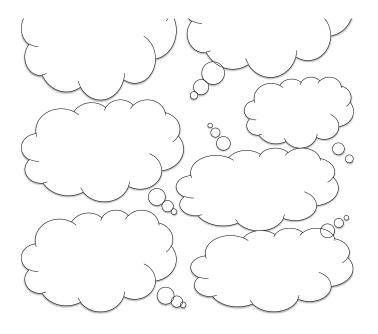
### Reflections

Assignment 8: Reflection - Question and Answers

Directions

Name \_\_\_\_\_

1. We know you may have questions about a lockdown drill? Write your questions in the thought bubbles below.



Assignment 9: Reflection - Write it out

1. What went through your mind when you did the lockdown drill?

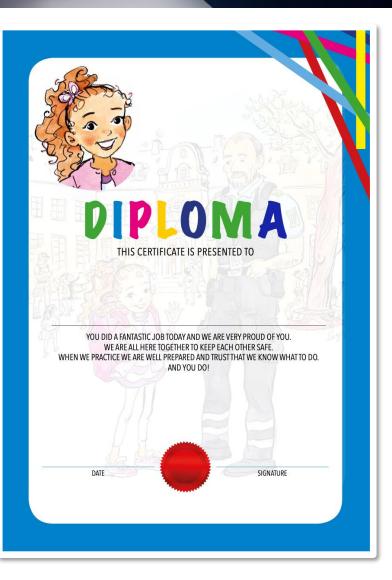
2. What was the best part? What was the worst part of the lockdown drill?

3. What advice would you give a student at another school who was about to do their first lockdown drill?

4. Is there anything else you can tell your teachers about when you did the lockdown?

## YOU WERE GREAT!





#### As a Parent

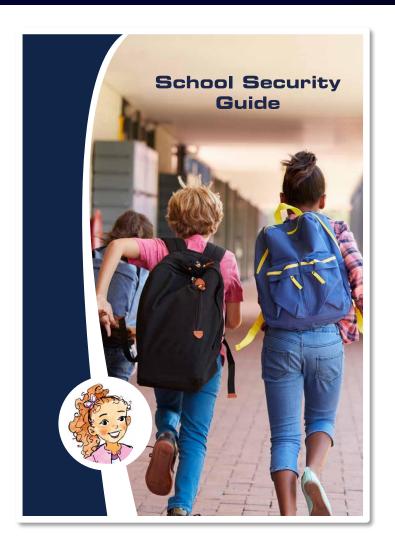


- Learn the school's emergency procedures
- Know travel routes to and from the school
- Know and follow school security and safety measures
- Talk with your child about safety
- Inform the school about health and emotional concerns
- Get involved!!

### How to talk to your child about security and lockdown drills

- Stay calm
- Be open to questions
- Use comparsion
- Helping them to understand the threat
- Encourage Your Child to Be a Helper

### Coming Soon





### Take Away -Start Up



## A Simple Year Plan



Make an anual plan for the SASIS team, staff and students:

- May SASIS team plot the "security calender" for the next school year.
- August When the staff meet up after the summer break before the students arrive – a refresh is made to the plans and a presentation for the school year.
- **September** Within the first two weeks of the semester a Fire/Lockdown drill is held
- In the winter a Crisis Exercise is held for the Crisis Group.
- October First Aid
- January Anual Audit
- April another Fire/Lockdown drill is conducted (if possible with the authorities).



#### Questions & Reflections



### Thank You

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#### Extra – Sample Crisis Exercise

E.

#### Exercise – What to do



- Before
- During
- After

## Exercise - What do you do?



- Divide into three groups:
- Two people that are on the trip
- The rest of the teachers are in teh school
- Administration and management of the school
- Cooperation with the community

### The first orientation meeting

The first orientation/review meeting following an unexpected incident may for instance be structured as follows:

- A. State the purpose of the meeting
  - Why are we meeting? What is going on?
- **B.** 1. The situation/task and its implications (frame the problem)
  - What has been done so far?
  - Do we have an accurate understanding of what has happened and is happening?
  - Our task?
  - Focus area(s)?
  - 2. Brief presentation regarding certain previously indicated parameters
    - What are the goal(s)?
    - How do we gain a firm grasp of the situation?
    - Need for resources and response organization?

#### The first orientation meeting (cont.)

**3.** Crisis Management Team's and Support Team's organization specified.

• How are we to work?

**4.** Need for immediate actions and measures to aid subsequent actions

- How do we start in order to solve *the problem*?
- 5. Directives for work ahead
- Here's how we initiate the CMT's and Support Teams operations (Board, Staff and JC CMT)
- 6. Other presentations.
- 7. Time and date of next orientation/review meeting

### In the orientation meetings, the emphasisshould be on claryfing:

- The situation analysis
- Changes
- Development trends
- Contingency planning
- Resource usage
- Assessments and actions going ahead
- Need for coordination