



## PROFILE

Tanya received her post graduate training in mental health counseling from Fordham University in New York. After making Aliyah, in 2012, Tanya opened a private practice in Israel. Seeing a wide gap between the mental health needs of the English-speaking public and their ability to access help in their mother tongue, Tanya founded Get Help Israel - The Israel Association of Mental Health Professionals. Clients can now easily find private clinicians throughout Israel, as well as support groups, treatment facilities, psychiatric facilities, subsidized services, hotlines, and information on navigating the public mental health care system. For the professional members of the association, GHI serves as a formal framework for therapists in building and maintaining a successful private practice.

## CONTACT

EMAIL:

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WEBSITE:

<https://gethelpisrael.com/>

# TANYA PROCHKO

Founder and Director, **Get Help Israel**

## EDUCATION

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**MFT California State University, Northridge 2006**

**MEd Fordham University, 2005**

**BA Yeshiva University 2002**

Cum Laude

## WORK EXPERIENCE

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**Get Help Israel – Founder and Director**

March 2016–Present

**Psychotherapist**

August 2005–Present

**Jewish Family Service of Los Angeles – Case Manager**

2006-20012

**Nathan Kline Institute for Psychiatric Research - Research Assistant**

2002-2003

## SKILLS

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Communication  
Creativity  
Critical Thinking  
Cultural Sensitivity  
Customer Service  
Empathy  
Entrepreneurship  
Integrity  
Leadership  
Management  
Multilingual  
Problem Solving  
Public Speaking