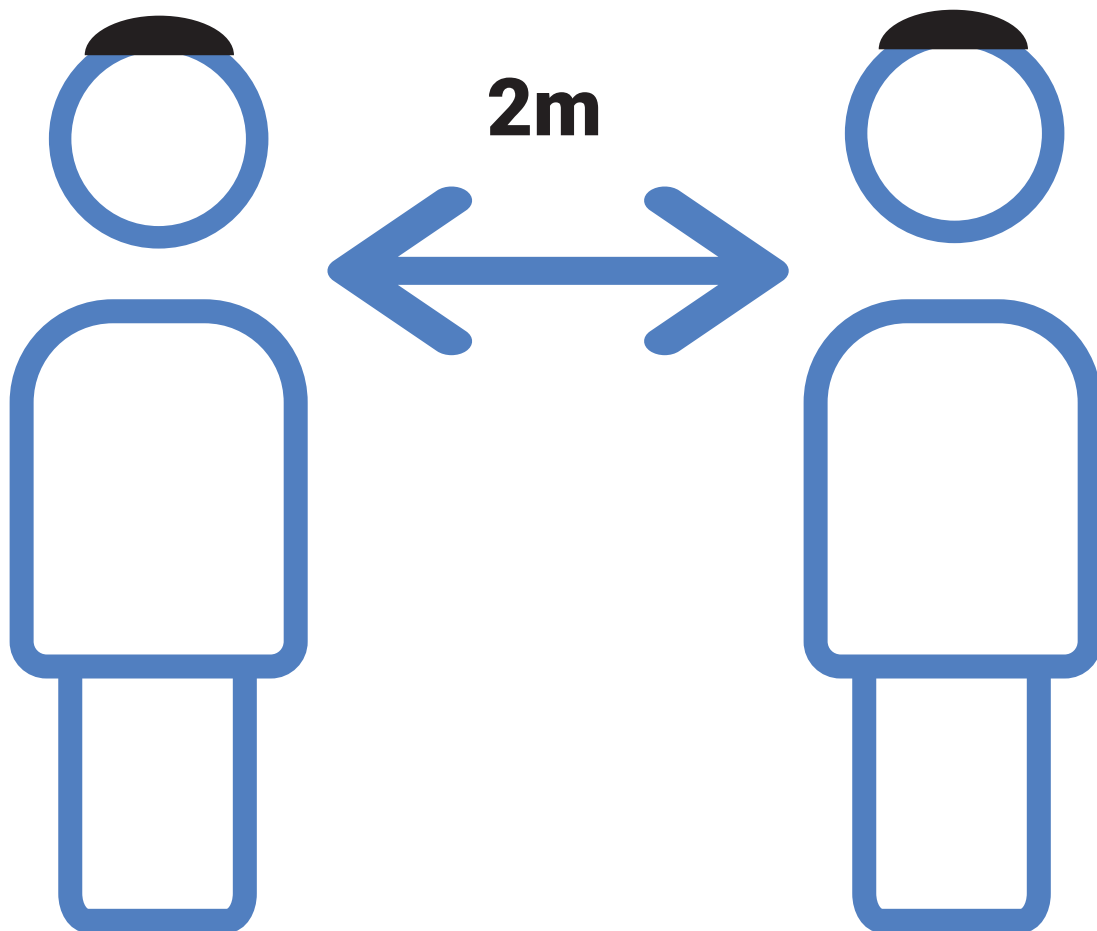


# DISTANCE IS A GOOD THING

---

**A distance of 2m must be kept from when you exit your car, until you are back in your car. No social gathering, conversation, or any form of touch (even elbow or toe).**




# KEEP SAFE, KEEP COVERED

---

**Mask worn the entire time from  
when you leave your car**



 CHIEF RABBI *Warren Goldstein*

 — UNION OF —  
ORTHODOX SYNAGOGUES  
— OF SOUTH AFRICA —  
איחוד בני המסגות האורתודוקסיות בדרום אפריקה

# FEELING SICK, STAY HOME RATHER

---

## Do not enter the shul with any symptoms of any illness

- Fever
- Dry cough
- Aches and pains
- Nasal congestion
- Runny nose
- Sore throat
- Diarrhoea
- Redness of eyes
- Shortness of breath (or difficulty in breathing)
- Loss of smell or loss of taste
- Fatigue, weakness or tiredness
- Nausea or vomiting



### Conduct self-assessment for symptoms before leaving for your shul

\*If you are over age 60 or have any form of comorbidity we strongly advise that you remain at home.

 CHIEF RABBI *Warren Goldstein*


 UNION OF  
ORTHODOX SYNAGOGUES  
OF SOUTH AFRICA  
איחוד בני התנועה האורתודוקסית בדרום אפריקה

# BE SAFE, BRING YOUR OWN

---

**Bring your own Siddur, Tallis,  
Chumash, Pen, Sanitizer and  
Tissues**



 CHIEF RABBI *Warren Goldstein*

 ——— UNION OF ———  
ORTHODOX SYNAGOGUES  
— OF SOUTH AFRICA —  
איחוד בתי הכנסות האורתודוקסיות בדרום אפריקה

# REMEMBER TO WASH YOUR HANDS

---

***Hands must be sanitized on entry and encouraged upon returning home***



CHIEF RABBI *Warren Goldstein*



UNION OF  
ORTHODOX SYNAGOGUES  
OF SOUTH AFRICA

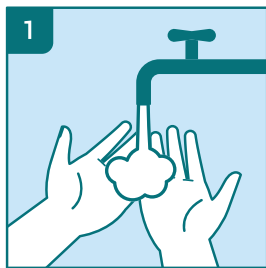
איחוד בתי הכנסות האורתודוקסיות בדרום אפריקה

# REMEMBER THE 20 SECOND RULE

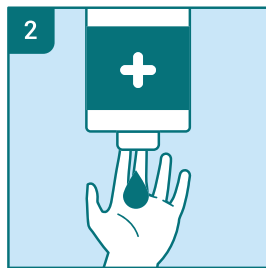


CHIEF RABBI *Warren Goldstein*

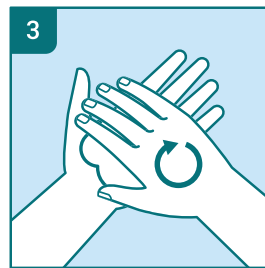
## How to wash your hands and protect yourself and others against infections



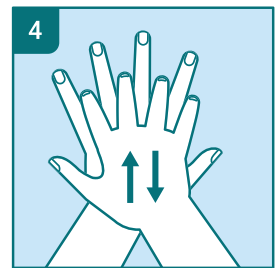
WET HANDS



APPLY SOAP



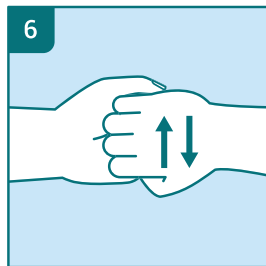
RUB HANDS  
PALM TO PALM



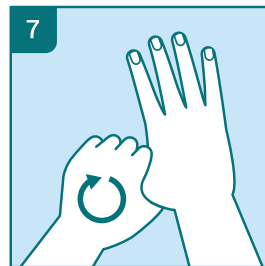
LATHER THE BACKS  
OF YOUR HANDS



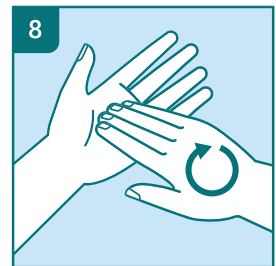
SCRUB  
BETWEEN YOUR FINGERS



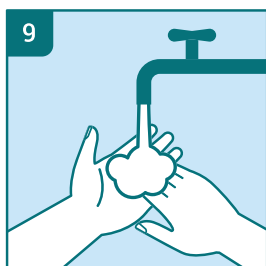
RUB THE BACKS  
OF FINGERS ON  
THE OPPOSING PALMS



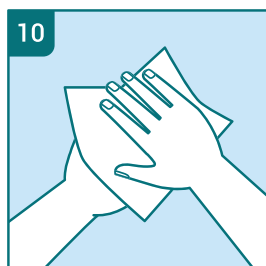
CLEAN THUMBS



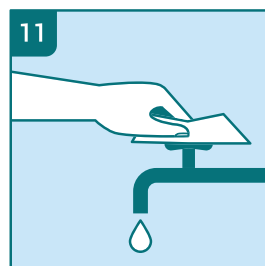
WASH FINGERNAILS  
AND FINGERTIPS



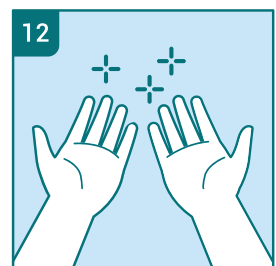
RINSE HANDS



DRY WITH  
A SINGLE USE TOWEL



USE THE TOWEL  
TO TURN OFF THE FAUCET



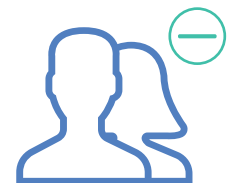
YOUR HANDS ARE CLEAN

# BEFORE ENTERING A COMMUNAL SPACE

---

**Do not enter the shul if in the  
*last 14 days:***

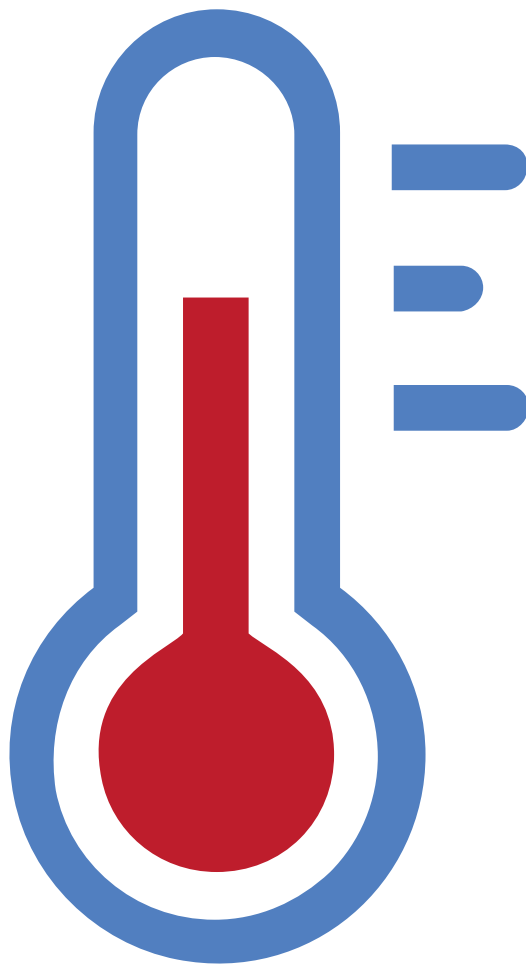
- You were in close contact with a person ***confirmed with or being tested*** for COVID-19
- If you have been in close contact or living with ***someone with flu-like symptoms***
- If you have been in contact with a person with flu-like symptoms but ***negative*** for COVID-19
- If you have worked at or attended a facility where ***COVID-19 patients are treated***




# CHECK FIRST BEFORE ENTERING

---

**Temperature must be checked  
and entry form completed  
before entering Shul premises**



 CHIEF RABBI *Warren Goldstein*

 UNION OF  
ORTHODOX SYNAGOGUES  
OF SOUTH AFRICA  
איחוד בני התנאים האורתודוקסים בדרום אפריקה



# KEEP TO YOUR OWN SPACE

---

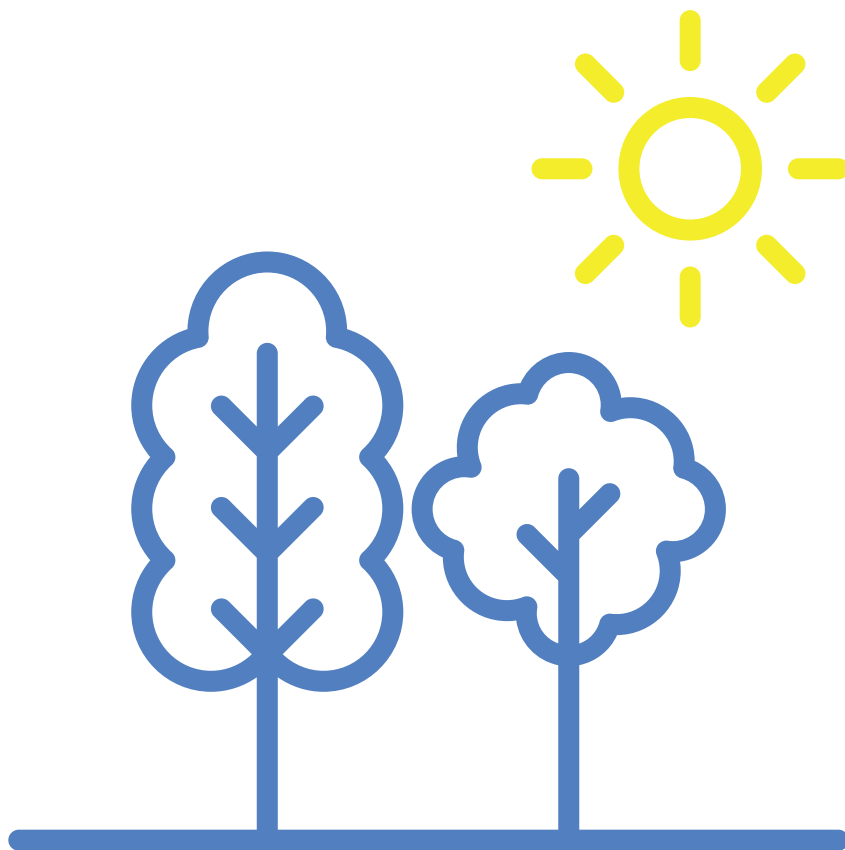
**Please remain sitting on, standing next to your assigned chair for when services are indoors or at your assigned space**



# GOOD VENTILATION IS IMPORTANT

---

**Services will be held outdoors  
and if necessary to go inside,  
windows and doors will be kept  
open, to maintain maximum  
ventilation.**



CHIEF RABBI *Warren Goldstein*



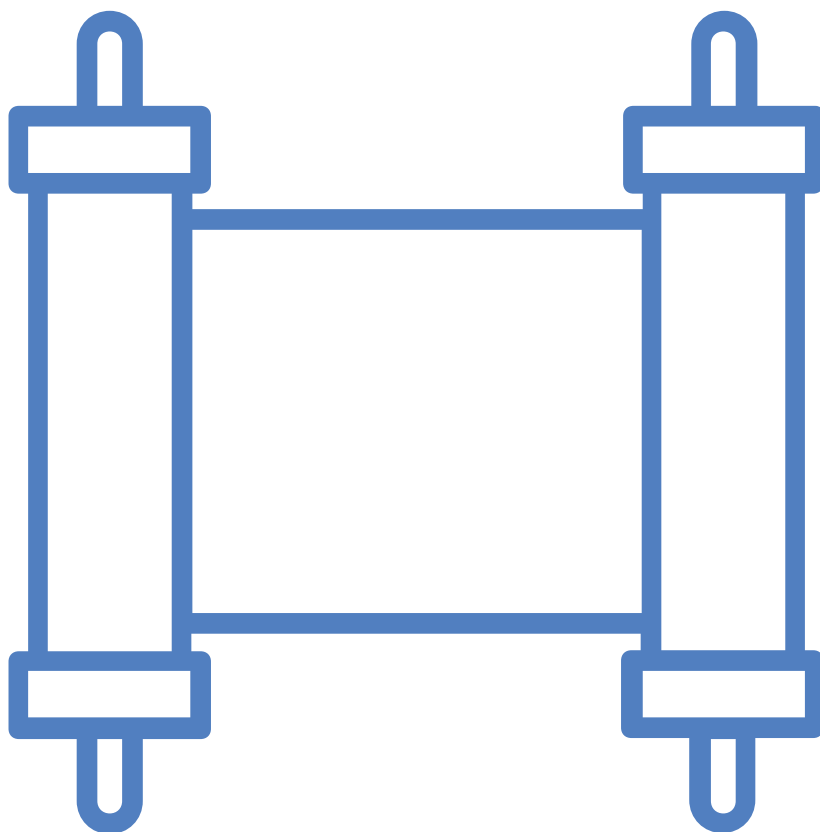
UNION OF  
ORTHODOX SYNAGOGUES  
OF SOUTH AFRICA

איחוד בתי הכנסות האורתודוקסיות בדרום אפריקה

# FEWER HANDS, REDUCE SPREAD

---

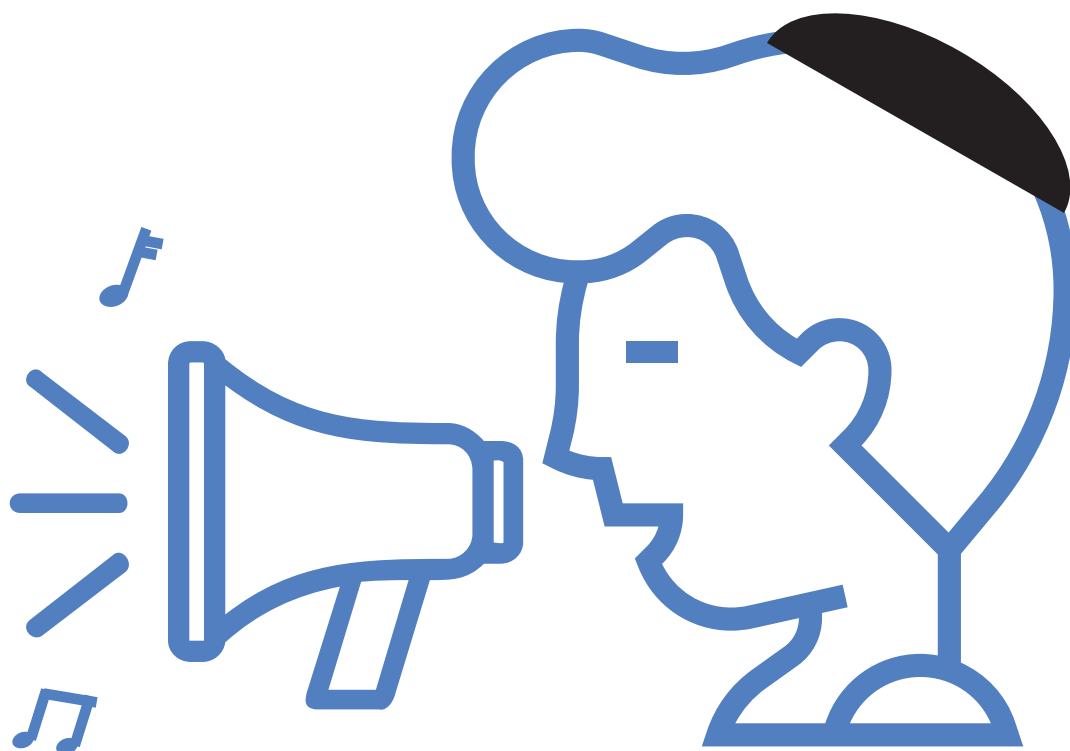
**The Bimah, Pulpit, Ark, and Torah should be touched by only one person. Blessing on the Torah should be made from wherever you are standing.**




# MINIMISE THE SPREAD OF GERMS

---

**Only the Chazan should use an out-loud voice (or any form of singing) during Davening**



 CHIEF RABBI *Warren Feldst*

 UNION OF  
ORTHODOX SYNAGOGUES  
OF SOUTH AFRICA  
איחוד בני הכנסת האורתודוקסית בדרום אפריקה