

Work Experience:

Director of Children & National Trauma Services, Ohel

April 2018-Present

Provide senior direction and oversight of outpatient mental health treatment centers. Oversaw the expansion into a Certified Community Behavioral Health Clinic, providing co-located and person centered mental health treatment, including health integration, substance abuse services and peer support. Oversee school satellite services and home and community based Children and Family Treatment and Support Services to children with serious mental health conditions. Oversaw expansion of clinic services into new telehealth business line during Covid and beyond, establishing best practices in telehealth for children, adults and families. Oversee integration of evidence based practice models into the clinic, practiced with fidelity. Lead implementation of Trauma Informed Care, including a revision of training, environment, policies and practices. Lead suicide prevention committee, including the development of universal screening and implementation of the Zero Suicide model. Lead integration of clinical and fiscal teams through the implementation of a revenue cycle management (RCM) team.

Provide oversight and administration of a trauma team that intervenes in traumatic events, including single catastrophic events, natural disasters, tragic accidents and terminal illness. Intervened in local and national traumas including 9/11, Hurricane Sandy, Hurricane Harvey, the Pittsburgh shootings and the Woolsey Fires in California. Led the agency mental health response to Covid, including the pivot to telemental health treatment, and virtual psychoeducational sessions that attracted tens of thousands of participants throughout the pandemic. Was named a mental health hero during Covid by the NYC Mayor's Office of Community Mental Health. Led the development of trauma-informed school based resources including Return to School Covid Toolkit and MAPP (middle school Anxiety Prevention Program); and the creation of a Resilient Schools trauma sensitive schools model. Lectured in dozens of classrooms on promoting resilience and social-emotional skills in children. Co-authored "My Covid-19 Resilience Workbook," which was used by 10,000 children during the pandemic.

Director, Ohel Early Childhood Mental Health

July 2016-April 2018

Created and led program that provides mental health treatment, mental health consultation and family peer advocate services to children ages 0-5, their caregivers and families. Responsibilities include overseeing implementation and ensuring fidelity of evidence based practice models, tracking and analyzing data and outcomes related to treatment; supervising the clinical supervisors of the program and conducting outreach and education to community leaders on early childhood mental health.

Director, Ohel

March 2013 – July 2016

Member of the senior management team of the agency. Responsible for overseeing a city-wide crisis response team whose services include crisis response, bereavement counseling and community education. Responsible for the development and growth of health home services, specializing in individuals with serious and persistent mental illness. Provided oversight for the agency foster care and preventive care programs.

Director, Project Hope

November 2012- March 2013

Developed and led a city-wide disaster mental health outreach program to provide trauma counseling to Hurricane Sandy survivors. Oversaw the hiring, training and deployment of 35 crisis counselors across the city in heavily impacted areas. Developed program structure, protocols and training curricula, developed partnerships with dozens of community-based relief organizations and oversaw the development of resilience-building individual and group activities. Provided supervision to staff members on trauma counseling and psycho-educational techniques and developed community-based public education programs.

Director, Ohel Bais Ezra

April 2010-November 2012

Assistant Director, Ohel Bais Ezra

March 2006-April 2010

Member of the senior management team of the agency. Responsible for development of RFP's, program initiatives, and maintaining best practices. Developed and provide oversight for the agency's first residence for children with autism spectrum disorders, featuring specialized programming and environmental features. Developed and implemented agency-wide curriculum to address the needs of individuals with developmental disabilities that are aging.

Area Coordinator, Ohel Bais Ezra**November 2003-March 2006**

Provided oversight to several group residences of developmentally disabled men and women under contract from OPWDD. Supervised the managers and clinical staff of all residences including the nurses, psychologists, and social workers. Maintained systems to ensure regulatory compliance in all programs.

Program Coordinator, Project Liberty**March 2002-November 2003**

Responsible for a city-wide program which provided education, outreach and trauma counseling to thousands of individuals and groups affected by September 11. Lectured extensively on trauma, grief and bereavement and coordinated public education programs. Produced several publications on coping with trauma.

Coordinator, Homefinding & Outreach**October 1998 – March 2002****Ohel Children's Home & Family Services, Brooklyn, NY**

Responsible for clinical and administrative development of Homefinding & Outreach Department which conducts recruitment, maintenance and retention of foster families according to NY State and City regulations. Oversaw comprehensive homestudy assessments, certification and annual recertification of families to care for foster children. Provided clinical services to foster parents and their children including short-term supportive therapy, support groups and home-based services.

Education:**New York University, New York, NY****May 1994**

Masters of Social Work Degree

Baruch College, New York, NY**June 1992**

Bachelor of Arts Degree, Magna Cum Laude

Licensure/Certification:**Licensed Clinical Social Worker****September 2004**

Accredited Practitioner, Triple P Positive Parenting Program, Level 4

June 2018

Publications:

- Author, The Resilient Parent; Psychology Today ongoing column.
- Co-author (with Dr. Naomi Baum), I Feel That Way and That's Okay, 2022; and a companion Teacher's Guide.
- Co-author (with Dr. Naomi Baum), My Covid-19 Resilience Workbook, Teacher's Guide, 2021
- Co-author (with Dr. Naomi Baum), My Covid-19 Resilience Workbook, 2020
- "When The Third Party in The Room Is Pain." On The Ground After September 11: Mental Health Responses and Practical Knowledge Gained. Haworth Press. 2005
- Older Adults Coping With Terror: What You Need To Know To Remain Strong' (Archived in the Museum of Jewish Heritage). 2002
- Helping Children Cope With Terror - For Parents and Educators: What You Need To Help Children Feel Strong. 2002
- "When Your Parents Become Foster Parents: A Guide for Children of Foster Parents." Co-creator and co-editor, bottom Line Publishing, September 2000.
- Wrote dozens of articles on topics related to trauma, mental health and disabilities in lay publications.

Presentations:

- ***Raising Resilience: Supporting School Based Mental Health During and Post-Pandemic;*** NYS Coalition for Children's Behavioral Health; November 2022
- ***A Community Mental Health Tool for Our Times: My COVID-19 Resilience Workbook;*** 2nd International Conference on Trauma & Mental Health; September 2022
- ***Trauma Informed Responsiveness Panelist;*** NYS Trauma Informed Network; November 2021
- ***Healing the Traumatic Impact of 2020;*** Executive Seminar, NY Association of Psychiatric Rehabilitation Services, Inc. (NYAPRS); April 2021